



# THE HERITAGE CIRCLE MIDWESTERN UNIVERSITY



## A LEGACY OF SERVING

An overwhelming sense of gratitude and appreciation is how Alan Barnett, D.O., Chicago College of Osteopathic Medicine (CCOM '83), describes his feelings toward CCOM and Midwestern University. This strong sense of pride and appreciation is why Dr. Barnett and his wife, Whitney, have decided to include CCOM in their estate plans.

The son of first-generation Russian immigrants, Dr. Barnett grew up in New York City and from an early age knew that he wanted to be a physician. As a young child, his mother would often explain the benefits of having a solid and stable career. Dr. Barnett knew that being a physician would provide this opportunity, but more importantly, it would give him the chance to serve others.

After he graduated from high school, Dr. Barnett attended both Florida State University and Florida Atlantic University for college and graduate school, eventually earning a degree in microbiology. He then applied to several medical schools and ultimately chose CCOM. During his memorable interview and visit to CCOM, he had the opportunity to meet and get to know faculty like Don Hollandsworth, D.O., Ken Nelson, D.O. (CCOM 1970), and several current students. He even had the chance to spend time with them at

the "Itz House." He credits his time with those people and the warm reception they gave him as the reason why he chose to attend CCOM.

While attending Florida Atlantic University, Dr. Barnett's oldest child, Jeremy, was born in Hollywood, Florida. Jeremy now resides with his wife, Alex, and two dogs in Ocean Beach, California. During medical school, Dr. Barnett's daughter Danielle was born, and shortly after graduating from CCOM, Dr. Barnett and his family moved to Arizona, where he opened his practice, Ranch Family Medicine, in Scottsdale. The practice flourished and was held in high regard by members of the community. After selling his practice in 1997, Dr. Barnett joined Forty-Third Medical Associates as the Medical Director for Family and Geriatric Medicine. Dr. Barnett practiced in Arizona for over 25 years before relocating to the East Coast in 2011. While living and practicing in Pennsylvania, Dr. Barnett met his current wife, Whitney. Dr. Barnett and Whitney now live in Morgantown, West Virginia, with their children, Zachary, Luke, Sam, and Violet.

Dr. Barnett's family is immensely important to him, and one of his greatest joys is that his daughter Danielle followed in his footsteps. When discussing her future and what career

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*Dr. Alan and Whitney Barnett*

*To learn more, please visit  
our gift planning website:  
[midwestern.givingplan.net](http://midwestern.givingplan.net)*

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## NEW PROGRAMS

Midwestern University has recently launched several new programs:

**The new Master of Public Health (M.P.H.) Program** is a 56-quarter-credit-hour online program that offers interprofessional opportunities to join healthcare teams that link human, animal, and ecosystems health management and employ One Health principles.

**A Master of Science in Nursing (M.S.N.) program** and a **Post-Master's Certificate track with an Adult-Gerontology Primary Care Nurse Practitioner concentration** (Both programs were also recently approved by the Arizona State Board of Nursing.); a **Master of Science in Nursing (M.S.N.)** with a concentration in **Nurse Leadership in Global Health**; and a **Doctor of Nursing Practice (D.N.P.) program** with two specialty tracks. The first track is designated for actively

working Adult-Gerontology Primary Care nurse practitioners electing to complete a doctoral degree in their area of specialty, and the second track is designed for master's-prepared nursing leaders aspiring to become doctoral-prepared nurse executives.

**The Precision Medicine Program** at the Midwestern University College of Graduate Studies (CGS) opened June 1 and is a dual-degree program for its students of osteopathic medicine, veterinary medicine, dental medicine, and optometry, offering either a Master of Science in Precision Medicine or a Post-Graduate Certificate in Precision Medicine. Starting in 2022, a stand-alone Post-Graduate Certificate option will also be available. The Program will provide current and practical knowledge of fundamental areas of genetics, genomics, biomarkers, and bioinformatics in a flexible online format. ■

## OPERATION HOPE

For the past several months, Midwestern University has participated in a cross-campus community effort to provide vaccinations for students, faculty, staff, and their families; University clinic patients; and local businesses and organizations, in conjunction with state health departments of Maricopa County, Arizona, and DuPage County, Illinois. Over 17,000 vaccination doses have been administered.

Over 87% of Midwestern University's community of faculty, staff, and students are now fully vaccinated—defined by being two weeks past the final dose of a single-shot or two-dose COVID-19 vaccine.

Operation Hope Vaccination Centers remain open at Midwestern University's clinical campuses in Downers Grove, Illinois, and in Glendale, Arizona.

## DID YOU KNOW?

Did you know that Midwestern University's Chicago College of Osteopathic Medicine (CCOM) recently earned a top spot on the U.S. News and World Report ranking of Best Medical Schools in the practice area of primary care? CCOM was the top osteopathic college ranked in this category. In addition, the report listed CCOM as first in primary care production based on the percentage of recent graduates practicing in primary care specialties. ■

path she should take, Dr. Barnett would often subtly ask, “How about becoming a doctor?” Danielle listened to that guidance, and after her undergraduate education at Northern Arizona University, she enrolled at A.T. Still University. Danielle Barnett-Trapp, D.O., has had an incredibly successful career in family medicine and over the years has even seen patients that used to see her father. She joined the Midwestern University family several years ago and currently serves as Clinical Assistant Professor of Family Medicine at the Arizona College of Osteopathic Medicine (AZCOM). She was also recently named the President of the Arizona Osteopathic Medical Association (AOMA).

Back in West Virginia, Dr. Barnett currently holds multiple roles and is loving this phase of his career. He still practices family and urgent care medicine while also serving as Assistant Professor of Emergency Medicine at West Virginia University. He is also the Medical Director

at Pruntytown Correctional Center, a minimum and medium security prison in West Virginia. Dr. Barnett believes that this population of individuals, despite the mistakes they’ve made, deserves high-quality healthcare. Dr. Barnett also serves on the CCOM Alumni Association Board of Governors, and he and Whitney have remained generous donors to the College.

When asked why he and Whitney decided to include CCOM in their estate plans, Dr. Barnett shared, “I have such gratitude for CCOM and the experiences that I had. We were trained by the best, and I believe that everyone who attended CCOM should be grateful. For years, I’ve seen generous alumni give back to the College in a significant way, and now I’m at a phase in my life where I can do the same. Paying it forward is important to me, and I’m excited that future students will benefit from our gift.” ■

## SMART WAYS TO GIVE IN 2021

Each year many friends and alumni make gifts to ensure the future excellence of Midwestern University, and we are so grateful for your support. Whatever your motivations for giving, there are ways to give that provide more opportunities to make a stronger impact on our students and also save you money come tax season. Here are some tax-wise ways to give in 2021:

### IF YOU ITEMIZE

Taxpayers may deduct charitable contributions of cash up to 100% of their adjusted gross incomes (AGI). If your total deductions are more than the standard deduction, consider itemizing your deductions to reduce taxes you may owe at the end of the year.

### “BUNCHING” YOUR CHARITABLE GIFTS

Consider bundling together two or more years of charitable gifts into a single year. Bunching several years of charitable

gifts can make taxpayers eligible to itemize deductions for that year and provide them with a deduction for the full value of their donations.

### QUALIFIED CHARITABLE DISTRIBUTIONS

If you are over age 70½ and have an IRA, you may benefit from making gifts directly to Midwestern University, called qualified charitable distributions (QCDs). Unlike regular withdrawals from an IRA, a QCD has never been—and will never be—taxed. QCDs are a good way to give for those who don’t itemize or whose deductions are limited.

### APPRECIATED SECURITIES

If you have stock or other appropriate noncash assets, consider donating them to Midwestern. For example, if you’ve owned stock for more than one year, you can deduct not just the original cost, but also any “paper profit” in the shares. Excess deductions can be carried over for up to five additional years. If you own stock that has dropped below the price you originally paid, consider selling it and donating the proceeds. You’ll be entitled to a capital loss deduction and a charitable deduction.

If we can provide you or your advisor with information about the many ways to include Midwestern University in your plans, please return the enclosed reply card or contact Staci Glass, Director of Institutional Advancement, at 623-572-3286. ■



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Gaye Zinni

\* Deceased

## LEAVE YOUR LEGACY WITH MIDWESTERN UNIVERSITY

A gift through your will—called a bequest—is the most traditional way to continue your support of Midwestern University. Here are several common forms of bequests explained:

**The General Bequest.** The most familiar type is the general bequest, which specifies that we will receive a designated sum. For example, if you make a general bequest of any amount, it is considered a “primary charge against your estate” (which means it will almost certainly be fulfilled).

**The Percentage Bequest.** The percentage bequest states that we will receive a certain predetermined percentage of your estate (for example: 10% or 25%).

**The Specific Bequest.** When making a specific bequest, you are directing that one particular property be transferred to us, such as a certain piece of real estate, the stock from a named company, or some other designated property. This type of bequest is ideal for individuals wishing to give particular stocks or a valuable art object. Note: A specific bequest can be satisfied only with the property designated. If that property has been sold or otherwise removed from the estate, the bequest will not be received.

**The Residuary Bequest.** This directs that we receive either everything remaining in your estate or a designated percentage of your estate after all necessary costs, all general bequests, and all specific bequests are satisfied. This type allows you the flexibility of making several primary bequests while still giving you the assurance that we will be a secondary beneficiary of your estate. The residuary bequest has the drawback of uncertainty; i.e., we receive what is left after all primary obligations are satisfied.

**The Contingent Bequest.** As the name implies, this bequest is “contingent” on some event. Usually, you might make a primary bequest for a relative, with the contingency that if that relative is not living after your death, the bequest will pass to charity.

We would be happy to provide you or your advisors with more information about including Midwestern University in your plans. ■



MIDWESTERN UNIVERSITY

*Educating Tomorrow's Healthcare Team*

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## CONTACT US

**Staci A. Glass**

Director of Institutional Advancement

555 31<sup>st</sup> Street

1955 North 59<sup>th</sup> Avenue

Downers Grove, IL 60515

Glendale, AZ 85308

623-572-3286

800-962-3053 (toll free)

623-572-3950 (fax)

sglass@midwestern.edu

[www.midwestern.edu](http://www.midwestern.edu)